ALCOHOL AND DRUG ABUSE COUNSELING CERTIFICATE

PAVING THE ROAD TO RECOVERY
Addiction counseling is one of the 20 fastest growing fields. Employment is expected to grow 31% through 2022.

WHEN SUBSTANCE ABUSE IS ADDRESSED, HEALING BEGINS.

For people suffering from drug and alcohol addiction, recovery can be a challenge. It’s a time when they need experienced counsel the most.

The UCLA Extension Alcohol & Drug Abuse Counseling Certificate prepares individuals interested in getting started in the field, as well as those already working in it, to identify addiction-related behaviors and help clients find their motivation to change using evidence-based practices. Students emerge with a comprehensive set of skills to identify beliefs and problems connected to addiction, counsel clients and families, and participate in treatment planning.
“UCLA Extension launched my counseling career. I’m now doing work that I love: facilitating groups at rehabs in the L.A. area and working as a counselor and case manager.”
Students are encouraged to research facilities of interest to them at the beginning of their coursework, and must secure their internships and complete paperwork prior to enrolling in the Supervised Field Work Practicum course.

Supervised Field Work Practicum (255 internship hours)

This course is designed for students who have completed the following prerequisite courses in the Alcohol and Drug Abuse Counseling Certificate with a C or better.

- Com Hlt X 470.2: 12 Core Functions for Addiction Counselors
- Com Hlt X 470.5: Introduction to Counseling and Assessment
- Com Hlt X 470.7: Individual Counseling Skills
- Com Hlt X 470.9: Group Counseling Skills
- Com Hlt X 470.10 Family Counseling Skills (Note: May be taken concurrently)

Students are assigned a minimum of 255 hours of on-site agency internship and attend 18 classroom meetings. Classroom meetings are a combination of lecture, supervision, and experiential processes. We create an environment where students can take “safe risks” in expanding their counseling repertoire, while receiving support from peers and the instructor. Exercises include supervised groups to practice counseling techniques, where students increase confidence and knowledge through their experience in the field.
**CURRICULUM... AT A GLANCE**

With the exception of the prerequisites, all courses must be taken for a letter grade with students earning a grade of C or higher to apply them toward the certificate. Courses are available in the evenings.

**PREREQUISITE**

<table>
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<tr>
<th>Spring or Summer Quarter</th>
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<tr>
<td>Study Skills and Other Key Preparations for Alcohol and Drug Abuse Counseling Certificate</td>
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<tr>
<td><em>Required for students who have not completed an associate or baccalaureate degree. To waive this course, submission of an official college transcript is required.</em></td>
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<tr>
<th>Summer Quarter</th>
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<tr>
<td>Alcohol and Drug Abuse Counseling Certificate New Student Orientation Session</td>
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**YEAR 1**

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<tr>
<th>Fall Quarter</th>
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<tr>
<td>Pharmacological Aspects of Alcohol and Other Drugs</td>
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<tr>
<td>12 Core Functions and 4 Domains of Practice for Addiction Counselors*</td>
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<td>Developmental Aspects of Psychology and Addiction</td>
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<th>Winter Quarter</th>
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<tr>
<td>Bringing Recovery to Diverse Populations</td>
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<tr>
<td>Introduction to Counseling and Assessment*</td>
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<th>Spring Quarter</th>
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<tr>
<td>Law and Ethics for Addiction Professionals</td>
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<tr>
<td>Individual Counseling Skills* <em>(includes 6 hours of Screening and Brief Intervention and Referral to Treatment [SBIRT] Training)</em></td>
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<th>Summer Quarter</th>
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<tr>
<td>Co-Occurring Disorders for Addiction Professionals</td>
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<tr>
<td>Group Counseling Skills*</td>
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**YEAR 2**

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<th>Fall Quarter</th>
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<tr>
<td>Family Counseling Skills*</td>
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<td>Supervised Field Work Practicum* 2 quarter course</td>
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<th>Winter Quarter</th>
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<tr>
<td>Self-Care: Optimizing Health and Wellbeing</td>
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<tr>
<td>Supervised Field Work Practicum - (Continued)*</td>
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*Must be taken in sequential order to satisfy prerequisite requirements. If you are unable to take the courses in order, please contact the certificate advisor, at (310) 825-7093 or mentalhealth@uclaextension.edu for course planning assistance. Note: Family Counseling Skills and Supervised Field Work Practicum may be taken concurrently.

**Days of the week are subject to change. See quarterly catalog for up-to-date information.**
IT STARTS WITH WANTING TO MAKE A CHANGE

Our students come from diverse backgrounds and have a variety of professional goals. The program is ideal for anyone interested in advancing their knowledge of substance use disorders in order to help others, and in becoming more effective in their career.

Student backgrounds include, but are not limited to:

- Counselors looking to further their education
- Mental health professionals who want specific or additional training in substance use disorders
- Spiritual counselors
- Nurses
- Dietitians
- Human service/resource professionals
- Teachers, school counselors
- Criminal justice and law enforcement professionals
- Family and friends of those affected by substance abuse
- Students preparing for graduate school

This program is open to anyone who has completed a bachelor’s degree or associate degree; or has completed *Study Skills and Other Key Preparations for Alcohol and Drug Abuse Counseling Certificate*.

WHAT ROAD WILL YOU TAKE?

Once you complete the certificate, you meet the educational requirement for professional certification, which will distinguish the truly qualified and competent professional. This educational certificate provides the knowledge and skills addiction counselors need to excel in the field.

Addiction counseling is one of the 20 fastest growing fields. Employment is expected to grow 31% through 2022.1

Graduates from the certificate work in a number of different settings, including:

- Outpatient treatment facilities
- Hospital-based recovery programs
- For-profit residential treatment facilities
- Mental health and community agencies
- VA facilities
- Private practice or sober coaches
- Prisons
- Non-profit treatment facilities

IT’S MORE THAN A CERTIFICATE. IT’S ACCESS.

Graduates of the Alcohol and Drug Abuse Counseling Certificate get several benefits upon completion, including:

- Access to CareerSpot, a fee-based job board and career development service
- A lifetime benefit of free official transcripts
- Invitation to UCLA Extension Certificate Graduation Ceremony, held every June
- Eligibility to receive a BruinCard affiliate identification card for a fee
- Access to UCLA libraries for a quarterly fee
- Educational discounts on software, clothing and more at the ASUCLA store (with BruinCard affiliate ID)
- Eligibility to purchase access to UCLA recreation facilities for a quarterly fee

DON’T WAIT. APPLY TODAY.

All prospective certificate candidates must complete an application process prior to enrolling in program courses. For more information and deadlines, visit uclaextension.edu/addictionscounseling.

To Apply, Students Must:

1. Submit a completed application form and signed professional conduct statement. You can do this one of three ways:
   a. Email the application to: mentalhealth@uclaextension.edu. Include the subject line: Application for Alcohol and Drug Abuse Counseling Certificate
   b. Fax the application to (310) 206-5066. Include the attention line: Application for Alcohol and Drug Abuse Counseling Certificate
   c. Mail the application to:
       UCLA Extension: Alcohol/Drug Abuse Counseling Certificate
       10995 Le Conte Ave., Suite 711
       Los Angeles, CA 90024

2. Take the Study Skills Course
   Students with an AA/BA/BS or higher degree are eligible to waive the Study Skills course requirement. Please send an official transcript from your institution to the following mailing address:
   UCLA Extension: Alcohol/Drug Abuse Counseling Certificate
   10995 Le Conte Ave., Suite 711
   Los Angeles, CA 90024

3. Attend the Mandatory New Student Orientation Session in the summer quarter

4. Apply for the certificate candidacy

5. Upon completion of steps 1-4, successful applicants will be granted permission to enroll in the certificate, and assessed a $125 non-refundable candidacy fee.
FUNDING YOUR EDUCATION

A number of options may exist to assist in funding your education. Some students may be eligible for The Zappala Family Scholarship Fund, Extension Grants, private education loans, veterans educational benefits, Americorps Awards, or Lifetime Learning tax credits. To find out more, email finaid@uclaextension.edu, or call (310) 825-4246 or (310) 206-7864.

Estimated Costs
Alcohol and Drug Abuse Counseling Certificate:
Tuition: $8,084
Candidacy Fee: $125
Total: $8,209

Note: Estimated tuition fees DO NOT include books, parking, meals, or other incidental educational expenses. Fees subject to change.

ADVISORY BOARD MEMBERS

James Dwyer, LCSW, Chief, PTSD Services, Greater Los Angeles Veterans Administration – West Los Angeles

Jeff Johnson, MSW, Los Angeles County Department of Mental Health, Office of the Medical Director

Richard A. Rawson, PhD, UCLA Integrated Substance Abuse Programs (ISAP), Semel Institute – Department of Psychiatry, David Geffen School of Medicine

Robert Tyler, BA, LAADC, CADC-II, Owner of Bob Tyler Recovery Services; Author; Owner of Humble House Publishing; Past President, California Association of Alcoholism and Drug Abuse Counselors (CAADAC)

Joycelyn T. Whiten, PhD, Department of Public Health, Substance Abuse Prevention and Control, Co-Occurring Disorders Programs, Director of Training (Retired)

For the most current advisory board members and instructors, please visit uclaextension.edu/addictionscounseling.

CERTIFICATE INSTRUCTORS

Alina Bond, LCSW, Clinical Trainer on Co-Occurring Disorders

Joy Chudzynski, PsyD, Licensed Clinical Psychologist in the UCLA Department of Family Medicine and an Assistant Research Psychologist at UCLA Integrated Substance Abuse Programs (ISAP), Semel Institute – Department of Psychiatry, David Geffen School of Medicine

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Toni Kells, MA CATC-IV, The Insurance Utilization Manager for The Hills Treatment Center

Andrew Kurtz, MA, LMFT, Clinical Specialist at UCLA Integrated Substance Abuse Programs (ISAP), Semel Institute – Department of Psychiatry, David Geffen School of Medicine

Sherry Larkins, PhD, Researcher and Educator at UCLA Integrated Substance Abuse Programs (ISAP), Semel Institute – Department of Psychiatry, David Geffen School of Medicine

Rebekah Ruswick, MA, Program Administrator; Special Education, Downey Unified School District

Betsy Spier, MA, LMFT, Psychotherapist in private practice who specializes in individual, couple, and family therapy. She is also Executive Director of Pacific Coast Detox in Costa Mesa.

Ahndrea Weiner, MS, LMFT, LPCC, Director of Training, Clinical Supervisor, Matrix Institute on Addictions

Ric Zappala, JD, VMD, CADC-II, Certified Addiction Counselor; Program Director, Department of Humanities & Sciences, UCLA Extension